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78 CHAPTER 4 Managing Stress and Coping with Loss | t's 1:05

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Sec 4: pp. 68-72/Review-pg. 72 Chapter 4 Managing Stress and Coping with Loss The purpose of this chapter is to learn how to identify stress and how to manage it, how to cope with a loss, list facts on suicide, warning signs of suicide, and steps that one can



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