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The Sober Truth Debunking The

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The Sober Truth: Debunking the Bad Science Behind 12-Step ...

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exposé of Alcoholics Anonymous, twelve-step programs, and the rehab industry—and how a failed addiction-treatment model came to dominate America

The Sober Truth Book Website

Perhaps most importantly, The Sober Truth examines the failure of science to provide answers to fundamental questions about addiction treatment. People struggling with addiction deserve more than science has provided, and The Sober Truth should stimulate a fundamental dialogue that can move the field forward.

The Sober Truth: Debunking the Bad Science Behind 12-Step ...

The Sober Truth: Debunking the Bad Science Behind 12-Step Programs and the Rehab Industry, co-authored by brothers Lance and Zachary Dodes, is a far less dry and more radically change-oriented book than its title might suggest. What makes this read so compelling and its ideas so unusual, IMHO, is the primacy of individual human beings who struggle with addiction issues -- their personal thoughts, feelings, experiences -- in its assessment of the value of treatment options for those .

The Sober Truth: Debunking the Bad Science Behind 12-Step ...

The Sober Truth: Debunking the Bad Science Behind 12-Step Programs and the Rehab Industry. 192. by Lance Dodes, Zachary Dodes. Lance Dodes.

The Sober Truth: Debunking the Bad Science Behind 12-Step ...

The Sober Truth: Debunking the Bad Science Behind 12-Step Programs and the Rehab Industry Audible Audiobook - Unabridged Lance Dodes MD (Author), Zachary Dodes (Author), Stephen Bel Davies (Narrator), 4.0 out of 5 stars 212 ratings See all 4 formats and editions

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Amazon.com: The Sober Truth: Debunking the Bad Science ...

The Sober Truth NPR coverage of The Sober Truth: Debunking the Bad Science Behind 12-Step Programs and the Rehab Industry by Lance, M.D. Dodes and Zachary Dodes. News, author interviews, critics ...

The Sober Truth : NPR

The Sober Truth: Debunking the Bad Science Behind 12-Step Programs and the Rehab Industry Hardcover - March 25 2014 by Lance Dodes (Author), Zachary Dodes (Author) 4.1 out of 5 stars 154 ratings See all formats and editions

The Sober Truth: Debunking the Bad Science Behind 12-Step ...

"The Sober Truth" asserts that addiction can be treated with psychodynamic psychotherapy, which focuses on unconscious feelings and thoughts. But while there is some scientific data for cognitive...

'The Sober Truth': Seeing Bad Science in Rehab - The New ...

Perhaps most importantly, "The Sober Truth" examines the failure of science to provide answers to fundamental questions about addiction treatment. People struggling with addiction deserve more than science has provided, and "The Sober Truth" should stimulate a fundamental dialogue that can move the field forward.

The Sober Truth: Debunking the Bad Science Behind 12-step ...

I found The Sober Truth less of a polemic against AA than Rational Recovery. Both books seriously undermine AA claims to effectiveness and minimization of its religious underpinnings. The Sober Truth further overviews the marketing of AA by its proponents to the front lines of popular treatment without much empirical evidence to support its efficacy.

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Amazon.com: Customer reviews: The Sober Truth: Debunking ...

The psychiatrist has spent more than 20 years studying and treating addiction. His latest book on the subject is The Sober Truth: Debunking the Bad Science Behind 12-Step Programs and the Rehab...

Author Interview: Lance Dodes, Author Of 'The Sober Truth ...

Hi Folks, Great article on The Fix today by Dr. Joe Nowinski, author of the forthcoming book: If You Work It, It Works: The Science Behind 12 Step Recovery. I'm posting this note regarding The Fix article here under my book review of Lance Dodes, The Sober Truth: Debunking the Bad Science Behind 12-Step Programs and the Rehab Industry, since the editors indicate that Lance Dodes and Joe ...

The Sober Truth | AA Agnostica

286 I am pleased to announce the release today of my new book, The Sober Truth: Debunking the Bad Science Behind 12-Step Programs and the Rehab Industry. In it, I describe the stunning facts about...

The Sober Truth About AA and the Rehab Industry ...

The Sober Truth: Debunking the Bad Science Behind 12-Step Programs and the Rehab Industry
Paperback - 17 April 2015 by Lance Dodes (Author), Zachary Dodes (Author)

The Sober Truth: Debunking the Bad Science Behind 12-Step ...

In The Sober Truth, acclaimed addiction specialist Dr. Lance Dodes exposes the deeply flawed science that the 12-step industry has used to support its programs. Dr. Dodes analyzes dozens of studies to reveal a startling pattern of errors, misjudgments, and biases.

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The Sober Truth: Debunking the Bad Science Behind 12-Step ...

The Sober Truth builds a powerful response to the monopoly of the 12-step program and explodes the myth that these programs offer an acceptable or universal solution to the deeply personal problem of addiction.

The Sober Truth: Debunking the Bad Science Behind 12-Step ...

The Sober Truth Dodes, in The Sober Truth, says that most people who have experienced Alcoholics Anonymous (AA) have not achieved long-term sobriety, stating that research indicates that only five to eight percent of the people who go to one or more AA meetings achieve sobriety for longer than one year.

Lance Dodes - Wikipedia

Dr. Lance Dodes, author of The Sober Truth: Debunking the Bad Science Behind 12-Step Programs and the Rehab Industry and a professor at Harvard Medical School, argues that many of the foundational ideas about ending substance abuse are wrong. Take the notion of addiction as disease.

"The Business of Recovery": Putting Profits Over People ...

Miley Cyrus recently announced that she's been sober for six months. The reason for her sobriety directly contradicts a rumor from May. Gossip Cop can explain. Pregnancy claims by tabloids are ...

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